## NBTA X-STRUT

| Checked - very good                                                      | Weak                                                                                                                   | Low Fair                     | Fair                                                   | High Fair       | Low Avg               | Avg                                                                     | Good    | Very good | Exc. | Sup.      | Scor | PLAC     |  |  |
|--------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------|--------------------------------------------------------|-----------------|-----------------------|-------------------------------------------------------------------------|---------|-----------|------|-----------|------|----------|--|--|
| ircled - unsatisfactory                                                  | 0-10                                                                                                                   | 11                           | 12                                                     | 13              | 14                    | 15                                                                      | 16      | SCOLE     |      |           |      |          |  |  |
| elements<br><b>20</b>                                                    | VARIETY AND BALANCE     SPINS/TURNS       LEAPS     POSES       KICKS     BATON MOVEMENTS       LUNGES     BASIC STEPS |                              |                                                        |                 |                       |                                                                         |         |           |      |           |      |          |  |  |
| choreography<br><b>20</b>                                                | BLEND OF ELEMENTS<br>TRANSITIONS<br>COMBINATIONS<br>INTEGRATION OF BODY & BATON MOVEMENTS                              |                              |                                                        |                 |                       |                                                                         |         |           |      |           |      |          |  |  |
|                                                                          | ·                                                                                                                      |                              |                                                        |                 | EXECL                 | ITION                                                                   |         |           |      | 1         |      | <u> </u> |  |  |
| SMOOTHNESS,<br>GRACEFULNESS &                                            | BASIC STEPS<br>LEAPS<br>KICKS<br>LUNGES                                                                                |                              |                                                        |                 |                       | BALANCE/OVERALL CONTROL<br>POSTURE<br>BODY LINES<br>TURN OUT            |         |           |      |           |      |          |  |  |
| 20<br>TECHNIQUE                                                          | SPINS/TURNS<br>POSES<br>BATON MOVEMENT<br>Control/Smoothness                                                           |                              |                                                        |                 |                       | LEG LINES<br>Extended Leg/Supporting Leg<br>KNEES<br>TOES, POINT IN OUT |         |           |      |           |      |          |  |  |
| OVERALL                                                                  | DEGREE OF PERFECTION<br>BASIC STRUT PORTION IN STEP<br>FREESTYLE PORTION ON BEAT<br>SYNCHRONIZATION OF BODY AND        |                              |                                                        |                 |                       | ARMS/HANDS PHASING HESITATIONS                                          |         |           |      |           |      |          |  |  |
| <b>20</b><br>TIMING                                                      | 5110                                                                                                                   | BATON                        |                                                        |                 |                       |                                                                         |         |           |      |           |      |          |  |  |
|                                                                          |                                                                                                                        |                              |                                                        | — р             | RESEN                 | ΤΑΤΙΟ                                                                   | N —     |           |      |           |      |          |  |  |
| 20                                                                       | PROJECTION/SHOWMANSHIP<br>Confidence<br>Eye Contact<br>Facial Expressions<br>ATTITUDE                                  |                              |                                                        |                 |                       | CARRIAGE<br>APPEARANCE<br>Attire<br>Grooming                            |         |           |      |           |      |          |  |  |
| PENALTIES                                                                |                                                                                                                        | 61                           |                                                        | f Step          | 1.0 1.5               | 2.0 2.5                                                                 | 3.0 3.5 |           |      | SCORE     |      |          |  |  |
| TIME                                                                     |                                                                                                                        | Drop<br>Omitte               | g Batons &<br>os, Floor Co<br>d Required<br>Improper S | ontact<br>Basic |                       |                                                                         |         |           |      | LESS      |      |          |  |  |
| ADV - 1:30-2:00<br>INT - 1:30-2:00<br>BEG - 1:30-2:00<br>NOV - 0:30-2:00 |                                                                                                                        | Performing                   | after final :                                          |                 | 0.2 0.3               | 0.4 0.5                                                                 | 0.6 0.7 | ]         |      | PENALTIES |      | +        |  |  |
|                                                                          |                                                                                                                        | (.1 per sec)<br>(.1 per sec) |                                                        | ] ,             | Failur<br>mproper Flo | e to Salute<br>or Pattern                                               |         |           |      | SCORE     |      |          |  |  |